

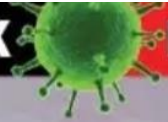


COVID-19

FACTS VS MYTHS

#stayhomestayalive

CORONAVIRUS OUTBREAK MYTH VS FACT



MYTH

Cold weather and snow CAN kill the new coronavirus

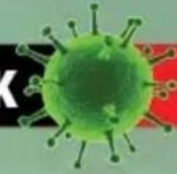
FACT

According to the World Health Organization, there is no reason to believe that cold weather can kill the new coronavirus or other diseases. This is because the normal human body temperature remains around 36.5°C to 37°C, regardless of the external temperature or weather.



ETIMES
LIFESTYLE

CORONAVIRUS OUTBREAK MYTH VS FACT



MYTH

Vitamin C supplements will stop you from catching COVID-19

FACT

Researchers have yet to find any evidence that vitamin C supplements can render people immune to COVID-19 infection.

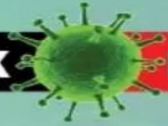


ETIMES
LIFESTYLE

FACTS VS MYTHS

COVID-19

CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

The new coronavirus **CAN** be transmitted through mosquito bites

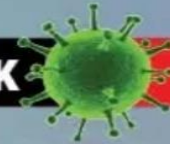
FACT

To date there has been no information nor evidence to suggest that the new coronavirus could be transmitted by mosquitoes. The new coronavirus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose. To protect yourself, clean your hands frequently with an alcohol-based hand rub or wash them with soap and water. Also, avoid close contact with anyone who is coughing and sneezing.



ETIMES
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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Drinking silver can kill strains of coronavirus

FACT

An American televangelist has falsely claimed colloidal silver, which is particles of the metal suspended in a liquid, can kill some strains of coronavirus in 12 hours and can boost the immune system. However, there is no evidence that drinking silver helps, rather it can lead to kidney damage and seizures. Unlike iron and zinc, silver is not a metal that has any function in the human body.

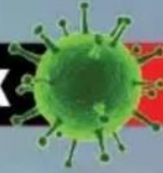


ETIMES
LIFESTYLE

FACTS VS MYTHS

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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Kids can't catch the coronavirus



ETIMES
LIFESTYLE

FACT

Children can definitely catch COVID-19, though initial reports suggested fewer cases in children compared with adults. However, more recent studies suggest children are as likely as adults to become infected.

CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

A vaccine to cure COVID-19 is available



ETIMES
LIFESTYLE

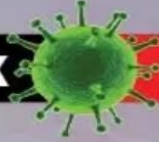
FACT

Currently, there is no vaccine for the new coronavirus. Scientists have already begun working on one, but developing a vaccine that is safe and effective in human beings will take many months.

FACTS VS MYTHS

COVID-19

CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Drinking water can help prevent COVID-19



FACT

A post circulating on social media claims that drinking water every 15 minutes will wash down any virus in your throat into your stomach, where the acid will kill it.

However, there is no scientific evidence that this works against any type of respiratory virus. But generally drinking water and staying hydrated is a good habit.

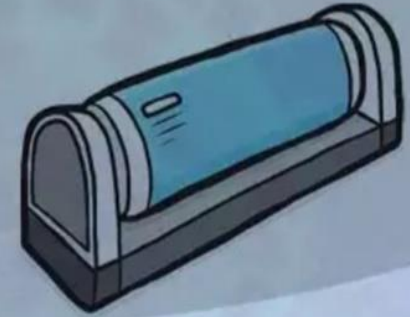
CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Ultraviolet disinfection lamp can kill the new coronavirus



FACT

UV lamps should not be used to sterilize hands or other areas of skin as UV radiation can cause skin irritation.

FACTS VS MYTHS

COVID-19

CORONAVIRUS OUTBREAK MYTH VS FACT



THE TIMES
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MYTH

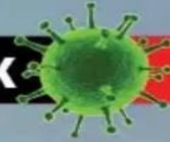
The virus is just a mutated form of the common cold

FACT

No, it's not. Coronavirus is a large family of viruses that includes many different diseases. SARS-CoV-2 does share similarities with other coronaviruses, four of which can cause the common cold.



CORONAVIRUS OUTBREAK MYTH VS FACT



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MYTH

If you can hold your breath for 10 seconds, you're healthy.



FACT

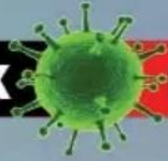
According to experts, the 10-second test being shared online would not be a reliable way to determine whether someone has the virus.

This approach may be helpful in identifying persons with more serious lung disease, but it will not identify persons who are infected and have mild to no symptoms.

FACTS VS MYTHS

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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Coronavirus isn't more dangerous than the seasonal flu

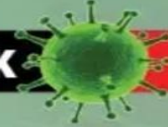
FACT

While most coronavirus cases will be mild and patients will exhibit nothing more than seasonal flu symptoms, the respiratory disease has a higher mortality rate and is far more serious at 1 per cent fatality rate, COVID-19 is about 10 times deadlier than the seasonal flu.



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CORONAVIRUS OUTBREAK



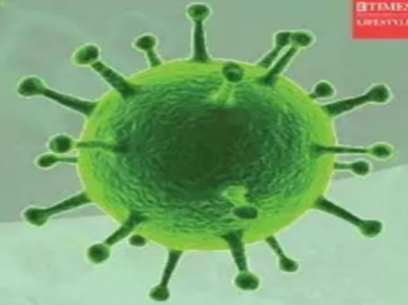
MYTH VS FACT

MYTH

Virus does not survive in warm weather or in the sun

FACT

With the limited research available on the new coronavirus, experts are unsure how the virus will react in warmer weather. Any predictions are based only on the SARS and MERS epidemics. However, the virus is already prevalent in hotter countries like Singapore and Australia. One study from the Harvard Medical School has suggested that the virus has the potential to continue spreading across a range of temperature and humidity levels in China.

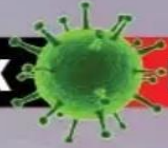


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FACTS VS MYTHS

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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Hand dryers **ARE** effective in killing the new coronavirus

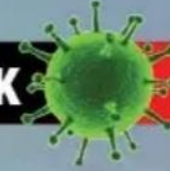


ETIMES
LIFESTYLE

FACT

As per the information from the World Health Organization hand dryers are not effective in killing the 2019-nCoV. To protect yourself against the new coronavirus, you should frequently clean your hands with an alcohol-based hand rub or wash them with soap and water. Once your hands are cleaned, you should dry them thoroughly by using paper towels or a warm air dryer.

CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Eating garlic helps prevent infection with the new coronavirus



ETIMES
LIFESTYLE

FACT

Garlic is a healthy food that may have some antimicrobial properties. However, there is no evidence from the current outbreak that eating garlic has protected people from the new coronavirus.

FACTS VS MYTHS

COVID-19

CORONAVIRUS OUTBREAK MYTH VS FACT



BTIMES
LIFESTYLE

MYTH

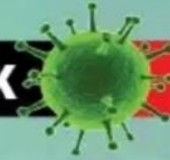
Hot weather or hot conditions can kill the novel coronavirus

FACT

According to the World Health Organization, from the evidence so far, the COVID-19 virus (novel coronavirus) can be transmitted in ALL AREAS, including areas with hot and humid weather.



CORONAVIRUS OUTBREAK MYTH VS FACT



BTIMES
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MYTH

Receiving a letter or package from the infected area is unsafe



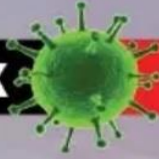
FACT

People receiving such packages are not at the risk of contracting infection because of poor survivability of these coronaviruses on surfaces, there is likely very low risk of spread from products or packaging that are shipped over a period of days or weeks at ambient temperatures.

FACTS VS MYTHS

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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Taking a hot bath can prevent the new coronavirus disease

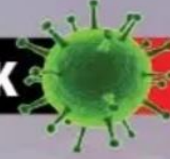


FACT

Taking a hot bath will not prevent you from catching COVID-19. Your normal body temperature remains around 36.5°C to 37°C, regardless of the temperature of your bath or shower. The best way to protect yourself against COVID-19 is by frequently cleaning your hands.

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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

New coronavirus only affects older people



FACT

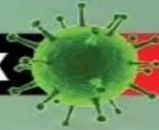
People of all ages can be infected by the new coronavirus (2019-nCoV). Older people and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appear to be more vulnerable to becoming severely ill with the virus.

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FACTS VS MYTHS

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MYTH VS FACT

MYTH

Antibiotics are effective in preventing and treating the new coronavirus



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LIFESTYLE

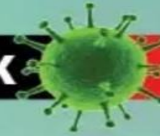
FACT

No, antibiotics do not work against viruses, only bacteria.

The new coronavirus (2019-nCoV) is a virus and, therefore, antibiotics should not be used as a means of prevention or treatment.

However, if you are hospitalized for the 2019-nCoV, you may receive antibiotics because bacterial co-infection is possible.

CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Thermal scanners can easily detect people infected with the new coronavirus



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FACT

Thermal scanners are effective in detecting people who have developed a fever (i.e. have a higher than normal body temperature) because of infection with the new coronavirus.

However, they cannot detect people who are infected but are not yet sick with fever. This is because it takes between 2 and 10 days before people who are infected become sick and develop a fever.

FACTS VS MYTHS

COVID-19

CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Spraying alcohol or chlorine all over your body kill the new coronavirus

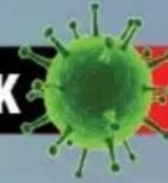
FACT

According to WHO, spraying alcohol or chlorine all over your body will not kill viruses that have already entered your body. Spraying such substances can be harmful to clothes or mucous membranes (i.e. eyes, mouth).

THE TIMES
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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Regularly rinsing your nose with saline can help prevent infection with the new coronavirus

FACT

No. There is no evidence that regularly rinsing the nose with saline has protected people from infection with the new coronavirus.

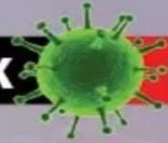
THE TIMES
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FACTS VS MYTHS

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MYTH VS FACT

MYTH

Vaccines against pneumonia can protect you against the new coronavirus

FACT

No. Vaccines against pneumonia, such as pneumococcal vaccine and Haemophilus influenza type B (Hib) vaccine, do not provide protection against the new coronavirus.

The virus is so new and different that it needs its own vaccine. Researchers are trying to develop a vaccine against 2019-nCoV, and WHO is supporting their efforts.



BTIMES
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CORONAVIRUS OUTBREAK



MYTH VS FACT

MYTH

Gargling warm salt water can help prevent COVID-19

FACT

Respiratory viruses are not impacted by saltwater, data on such conditions show. Some claims that gargling with bleach or ethanol can help are not only false but also potentially dangerous. Despite claims that warm water can “deactivate” the virus or that avoiding ice cream can help, neither cold or hot temperatures can kill the virus, say experts.



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FACTS VS MYTHS

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